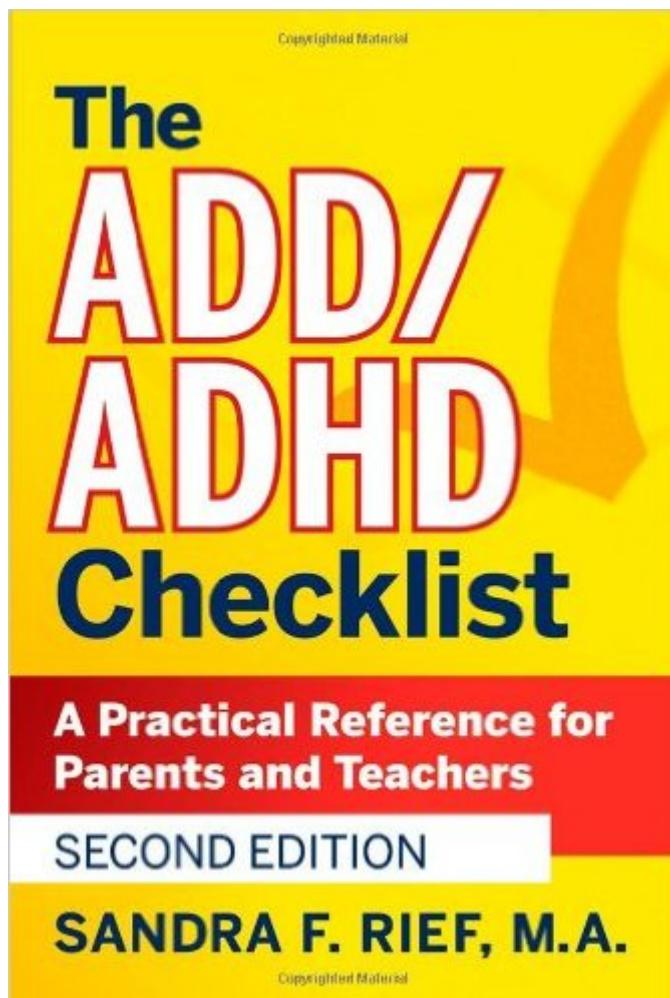


The book was found

# The ADD / ADHD Checklist: A Practical Reference For Parents And Teachers



## **Synopsis**

The bestselling guide, fully revised and updated, offering practical information and tips to help every child with ADHD succeed. The ADD/ADHD Checklist helps parents and teachers to better understand children and teenagers with attention problems and provide the kind of support and intervention that is crucial to kids' success. Presented in a concise, easy-to-read checklist format, the book is packed with practical advice and information on a wide range of topics, including what we do and don't know about ADHD, probable causes, critical elements for school success, the most commonly prescribed medications, what children with ADHD need at home, effective behavioral strategies, how to help kids stay organized, and advocating for an ADHD child.

## **Book Information**

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Average Customer Review: 4.6 out of 5 starsÂ  See all reviewsÂ  (16 customer reviews)

Best Sellers Rank: #86,561 in Books (See Top 100 in Books) #38 inÂ  Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #139 inÂ  Books > Parenting & Relationships > Special Needs > Disabilities #986 inÂ  Books > Science & Math > Behavioral Sciences

## **Customer Reviews**

The checklist format of the book (really more like bullet points) makes it easy to locate and absorb the information you are looking for. Once you've read the book, the format is great for future look-ups. Right off the bat, the book jumps into the nebulous nature of ADD/ADHD. These particular symptoms may be correlated with ADD/ADHD... or it may just be within the spectrum of normal kid behavior. ADD/ADHD is a multifaceted neurological problem, so while parents, teachers, guidance counselors, and daycare workers may suspect a child has the condition, only really good medical testing, psychological testing, coordination with the school, and family counseling can accurately diagnose the condition. Having that spelled out early in the book is welcome information. Section 1, List 11) You get a little freaked out reading this book... because \*every\* kid is like this. They are, by nature, childish. Impulsive, inappropriate, wiggly... poor concentration, inconsistent, daydreaming.

And we grown-ups get this under control, but in times of stress, you see all the same childish behaviors coming out of adults, too. So when a parent is frustrated by their children's "childishness," it is appropriate to remember that they are only children. Still, there is a difference between "childishness" and Add/ADHD. This book assumes that you have (or are working toward) a diagnosis of ADD/ADHD and lists all kinds of information, categorically. Information for parents, for teachers, and for ideas to try. It's good information for any parent because... well, children are childish. I'm not a teacher (apart from Sunday school), but there was good information in there for parents.

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